

GSC Teaching staff/Faculty

Principal R. S. Bhogal, M. A. (Merit rank-holder in Entire Psychol.), NET (Organizational Psychology). Author of i) Psychophysiology of Traditional Yoga (in Korean) ii) Yoga & Modern Psychology (in English & German) ii) Yoga & Mental Health & Beyond (English), Prin. R.S.Bhogal is credited with a large number of Scientific papers and is recipient of Shivram Apte award by Fergusson College, Pune and Bharat Jyoti award by IIFS, New Delhi. 17 years of research experience, twenty years of teaching experience and 17 years as managing Editor & Associate Editor of Yoga Mimamsa makes



Dr. Srimanta Kumar Ganguly ,B.Sc., D. P. Ed., C.C.Y., M.P.E., D. Y.Ed., Ph.D. Formerly, Asst. Director of Scientific Research in Yoga and Principal, Gordhandas Seksaria College of Yoga and Cultural Synthesis at the Kaivalyadhama S.M.Y.M. Samiti, and the author of 50 Popular and Research papers published in Yoga-Mimamsa and other Indian and Foreign Journals, he is the author of “Yogasanas CLASSES V-X A : Teacher’s Guide” published by N.C.E.R.T. (1980) and co-author of “Teaching Methods for Yogic Practices,” published by Kaivalyadhama (1988). Both the books were awarded with First prize in National Book Competition on Yoga. Author was invited to Czechoslovakia for research on Yoga, and Italy, Spain and S. Korea for Yoga teaching. Dr. Ganguly worked for some years as Managing Editor of Yoga-Mimamsa (A Quarterly Journal), Kaivalyadhama, Lonavla. He was involved as resource person in syllabus committee of NCERT, K.V.S. and MDNIY and was awarded with Bharat Gaurav by IIFS, New Delhi. Dr. Ganguly is the Governing Body, executive as well as life member of Kaivalyadhama. Lonavla-410403.



Dr. B. R. Sharma, M.A. Ph.D. (Skt) : Manuscriptologist, Asst. Director of Research & H.O.D. of Philosophico - Literary Research in Yoga and formerly as Principal- in-charge, Dr. Sharma has 29 yrs of experience in Research and Teaching. A recognized Research Guide for M.Phil & Ph.D. for Tilak Maharashtra University, Pune and a Member of Advisory Board for TKDL Project AYUSH Department, Govt. of India, Ministry of Health & Family Welfare, New Delhi, as well as, Visiting Professor for various Indian Universities/Institutions, he has delivered lectures & Key Note speeches, conducted workshops on yoga both in India & abroad. He is author of around 40 Research papers and co-editor of 10 books. He is working as Managing Editor of Yoga Mimamsa Journal. Dr. Sharma considers him a student of Indian Philosophy, particularly in Patanjala Yoga & Traditional Hatha Yoga.



Prof. G.S.Sahay, M.A.(Sanskrit.,Gold Medallist), C.C.Y., Research Officer, Philosophico-Literary Research Dept. , Kaivalyadhama (Lonavla) since 1976 and Lecturer, in Gordhandas Seksaria College of Yoga and Cultural Synthesis since 1977. He has around 35 research papers , as well as, published books as co-editor. Resource person to many Indian Universities and institutions both in India and abroad . Prof. Sahay's areas of interest include Indian philosophy and Traditional Yoga. He worked as eminent Yoga Expert for TKDL project under the joint auspices of 'SIR' Ministry of Health , G.O.I. and MDNIY, New Delhi.



Prof.R. K. Bodhe , M.A. (Philosophy), (Sanskrit), M. Phil. (Philosophy)

Working as Research Officer, Philosophico-Literary Research Department, Kaivalyadhama, Lonavla, since 1984 and delivering lectures for various Yoga courses at Gordhandas Seksaria College of Yoga and Cultural Synthesis, Prof. Bodhe has an extensive experience of thirty years in editing and translating Yogic Texts. Resource person to several universities and institutions, he is author of several original research papers in Traditional Yoga and co-author of several Volumes. His area of interest include Yoga Philosophy, Applied aspects of Traditional Yoga, Value Education and philosophical bases of esoteric sciences.



Dr.S. D. Bhalekar, B.A.M.S./ P.G.D.P.C., Medical Officer, kaivalyadhama, Lonavla and Lecturer, at Gordhandas Seksaria College of Yoga & Cultural Synthesis, Kaivalyadhama. Author of a book ‘ Yoga Darpan’ .Dr. Bhalekar has a unique blend of modern as well as traditional approaches to yoga in his teachings and writings. He has conducted profigate workshops at National and International conference



Mrs. Sandhya R.Dixit, B.Sc. D.Y.Ed. working as Senior Yoga Teacher for over 25 years at various levels on behalf of Kaivalyadhama institutes. Mrs. Dixit also delivers lectures in Teaching Methods She has also conducted several yoga sessions for industries like L&T, Wartsila, Yoga camps at Agra, Bhopal, Jaipur, Udaipur, Andaman , Delhi. She has visited Russia , Macau and Taipeh (Taiwan) for Yoga Training & Teaching . Her field of interest include yoga teaching & therapy also *Shuddhi Kriya* techniques. She has also designed a few CDs for Yoga Modules.



Shri. Bharat Singh, B.A. D.Y.Ed. working as Senior Yoga Teacher for over 20 years at various levels on behalf of Kaivalyadhama institutes. He has also conducted several yoga sessions for industries Yoga camps at various places of India. He has visited S. Korea , Holland for Yoga Training & teaching . His field of interest include counseling , *Shuddhi Kriya* techniques.



Shri.A.S.Deshpande , M.A.(Phil.), M.Com. D.Y.Ed. working as Sr. Yoga Teacher for various courses of Gordhandas Seksaria college of Yoga & Cultural Synthesis. He was selected as Yoga Teacher-cum-Performer by ICCR and was deputed to Kualalampur, Malaysia. Earlier he had deputed for Bharati Vidyapeeth & SAI , Patiala,Gandhinagar . He has conducted many Yoga Camps, Yoga Training programmes & workshops, delivered guest lectures, read papers at National & International Conferences . His area of interest –Teaching Methods, Teaching Practice and Yoga Training



Mr. Chandrakant G.Shinde , M.A.(Yoga), M.A.(Eng.), M.Edn., P.G.D.Y.Ed. & N.D. Specializes in Teaching Methods in Yoga and has been in teaching profession since 2005. Having a profound interest and aptitude for teaching philosophical aspects of Yoga and Education. He is delivering lectures for various short term courses at Kaivalyadhama viz. School Teachers of Maharashtra State Govt. AYUSH scheme, Central Govt. School Teachers since 2006.



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