

# KAIVALYADHAMA YOGA INSTITUTE

## YEF Scholarship in Yoga Education

**Yoga Education Fund ( YEF)**  
**KAIVALYADHAMA ASHRAM**  
Kaivalyadhama Yoga Institute  
Swami Kuvalayananda Marg,  
Lonavla – 410 403 ( Pune)  
Tel: +91 – 2114-273001 / 276001  
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### **1. Kaivalyadhama Yoga Institution**

#### **1.1 THE INSTITUTE:**

Kaivalyadhama Shreeman Madhava Yoga Mandira Samiti, (K.S.M.Y.M. Samiti), which is responsible for the foundation, conduct and management of **GORDHANDAS SEKSARIA COLLEGE OF YOGA & CULTURAL SYNTHESIS**, is recognized by the Central and Maharashtra State Governments as a Research Institute and has been getting Grants from these Governments for its Scientific and Philosophico-Literary Research in Yoga. The Samiti's research has been greatly appreciated by scientists and scholars, both in India and abroad.

#### **1.2 YOGA COLLEGE:**

The College was founded in Lonavla by Swami Kuvalayananda under the Management of Kaivalyadhama S.M.Y.M. Samiti. Late Shri B. G. Kher, the then Chief Minister, Mumbai State, formally inaugurated the college in October 1951. Since then the college has continued in sending out batches of students every year without any break till date. The first convocation was held in May 1953 when the Hon. Shri Dinkarao Desai , the then Minister of Education , Mumbai State, presided and Shri H.V. Divetia, Vice-Chancellor, Gujarat University, delivered the Convocational Address.

#### **1.3 OBJECTIVE:**

- (i)** To train young men and women into basics of yoga science in all its pure and pristine form, as well as,
- (ii)** To acquaint students with essential features of all cultures so as to enable them to perceive broader horizons of yoga, encompassing all world cultures.

According to Swami Kuvalayananda, if understood through the modern scientific approach, yoga would help greatly in the spiritual and material renaissance of the human society. This has been the philosophy behind all academic and social activities of GORDHANDAS SEKSARIA COLLEGE OF YOGA and CULTURAL SYNTHESIS, since, its inception.

#### **1.4 LOCATION:**

The College is located in Lonavla, a small hill station on the Central Railway line between Pune and Mumbai. Lonavla is 128 Kms. From Mumbai and 64 Kms. from Pune. Railway trains are available at 1 to 2 hours of intervals from both sides. The Kaivalyadhama campus is about 2 Kms. from Lonavla station. Taxis and three wheelers are available, during the day-time, between these two locations.

**KAIVALYADHAMA, OF WHICH THIS COLLEGE IS AN ACADEMIC ORGAN, HAS RECOGNITION FROM PROVINCIAL AND NATIONAL BODIES AS FOLLOWS:**

1. Recognized by University of Pune as an “Institute for Research” vide letter No. CA2654 dated 29<sup>th</sup> June, 2007.
2. Recognized by Council for Scientific & Industrial Research , Govt. of India as a Research Institute vide letter No. 14/79/88- TU-V dated 16<sup>th</sup> March, 2010
3. Declared as an “Institute of Higher Learning” by Govt. of India, Ministry of Education in 1962 vide letter No. 7630/62\_U4. dated 12<sup>th</sup> November, 1962.
4. Declared as “Resource Centre/ Nodal Agency” for “Introduction of Yoga in Schools” by Ministry of HRD , Dept. of Education vide DD No. 5-21/2004-school-6. Dated 24<sup>th</sup> August, 2005
5. Recognized by Govt. of Maharashtra as an Institute of Training & Health Care for its employees wherein they can avail 14 days on duty leave vide GR No. ARJA 2404/2/Seva-8, dated 3 Feb.2004.
6. GORDHANDAS SEKSARIA COLLEGE OF YOGA & CULTURAL SYNTHESIS has permanent recognition by the NATIONAL COUNCIL FOR TEACHER EDUCATION, NEW DELHI. Govt. of India, (Regd. Code is 114046) vide Letter No. WRC/9-9/NCTE/2004/2554Dated 21<sup>st</sup> April, 2004.

For more details contact

**THE PRINCIPAL**

**GORDHANDAS SEKSARIA COLLEGE OF YOGA & CULTURAL SYNTHESIS**

KAIVALYADHAMA S.M.Y.M SAMITI,

Swami Kuvalayananda Marg,

P.O. KAIVALYADHAMA

TQ. MAVAL DIST.PUNE (MAHARASHTRA STATE)

PIN-410 403

Phone: 02114-273001 Ext. 111, 112; Telefax: 02114-271983

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## **2. Yoga Education fund and Scholarship Project**

### **2.1 Introduction**

The yoga Education Fund came into existence in the year 2007 in the memory of “ **Shri Rameshwar Prasad Nevatia**” with an objective to encourage young men and women into basics of yoga science in all its pure and pristine form so that they can pursue their life’s mission in the multiple disciplines of Yoga Science or take yogic practices to common man by involving themselves in spare time teaching while they adopt any other career path for their living.

The purpose of the Yoga Education Fund is to educate people in India and abroad on what yoga means, how it is preached and practiced and how the knowledge is useful in their day to day life in order to achieve its purpose. YEF focuses at holding classes, seminars and workshops for students , teachers, doctors, nurses and homemakers. YEF is also concerned about promoting yoga through yogic teachings through books, periodicals, CD’s, films and other media – all these being produced and presented professionally.

The YEF Committee has designed events and programs in order to enroot its vision of bringing up the youth of the Nation together to educate and spread the knowledge of yoga.

## 2.2 Vision and Mission

- Educate people in India and abroad on what yoga means by sharing preached and practice yoga knowledge.
- Hold classes, seminars, workshops and events for yoga students and consider granting scholarship for various yogic activities.
- Professionally publish scientific and traditional and yogic thought through books , periodicals, CD's and films and other media & means./
- YEF believes in and affirms the well being of all sections of society.
- YEF further believes that inclusive growth is a component of growth and development of human beings.
- The recognition of diversity should include the socially disadvantaged section of the society
- YEF activities will add value to employment opportunities and employees of all sections of the society.
- YEF will have partnership programmes with educational institutions to support and aid students from all sections of the society especially socially disadvantaged section of the society.
- YEF will make available learning of yoga sciences and experience of practice of yoga as part of building a good human being thereby continuously helping.

## 3. Kaivalyadhama YEF Scholarship in Yoga Education

3.1 For the first time the Institute is offering scholarships for **Diploma in Yoga Education** to fulfill the message of Swami Kuvalayanandaji, who stated

**“ Yoga has a complete message for the humanity.**

**It has a message for the human body,**

**It has a message for the human mind and**

**It has a message for the human soul”**

“Will the intelligent and capable youths come forth to carry this message to every individual not only in India but also to every other part of the world”

### 3.2 Scheme

- 3.2.1 The scheme for the first phase is to encourage 10 students ( 5 Males and 5 Females ) from India time to time. Generally these students would be from deserving economic strata of society, who would need the support of YEF to provide the means for learning the science of yoga.
- 3.2.2 The students would be selected through a procedure led by an expert committee from time to time. Final selection will be done by the selection committee appointed for the year.
- 3.2.3 The selected student should give an undertaking of completing the duration of the course.
- 3.2.4 After completion the course the students qualifies as a yoga teacher and should promote yoga irrespective of the careers he/she pursues for his/her livelihood.
- 3.2.5 They will also have to undergo internship at the Kaivalyadhama Yoga institute for not less than a period of 6 ( Six) months with free board and lodging.
- 3.2.6 After the internship, an MoU will be signed by the students to keep linkage with Kaivalyadhama Yoga Institute, so that they become a source of inspiration to the new generation of youth.
- 3.2.7 The present application form of Kaivalyadhama's Gordhandas Seksaria College of Yoga and cultural synthesis will be used to receive applications from interested students.

### 3.3 Introduction

This document outlines the terms and conditions that govern the Kaivalyadhama Yoga Institute. (“Kaivalyadhama”) Scholarship (the “Scholarship”). Please read these terms and conditions before applying for the Scholarship. These terms and conditions constitute agreement between the student and Kaivalyadhama Yoga Institute that becomes effective upon an acceptance of the scholarship by selected applicant.

This is to announce that “**KAIVALYADHAM YEF SCHOLARSHIP in YOGA EDUCATION**” has been instituted for the deserving students of the **Diploma in Yoga Education** Course.

The YEF will pay, directly to College Management tuition, boarding and lodging charges. So Far personal expenses are concerned, would be met by the student from his own resources.

The overall performance of the students will be gauged on the following parameters:

### **Points for selection criteria**

- 1. Initially the Scholarship will be considered on the basis of-**
  - a. A certificate from a competent authority regarding the economic status of the applicant, thus being in need of financial support.**
  - b. interest in Yoga course**
  - c. Medical certificate**
- 2. The scholarship will be given on following conditions –**
  - a. Rs 10,000 should be deposited (refundable) by the student for getting admission in the course and applying for scholarship.**
  - b. The full amount of deposit will be released by the YEF after successful and satisfactory completion of terminal examination and evaluation made by the concerned teachers and committee members on the basis of following criteria.**

### **Scores**

- |   |          |
|---|----------|
| 1. Attendance (percent-wise) as per record (College).   | 25 Marks |
| 2. Proficiency in practical Yoga as reflected in marks secured at the terminal examination (College). | 25 Marks |
| 3. Understanding of subject matter in theory lectures.  | 25 Marks |
| 4. Insight into yogic concepts and yoga practices befitting an ideal yoga teacher                     | 25 Marks |
| 5. Reflection of Institutional Ideals and yogic values in personality Disposition (College)           | 25 Marks |
| 6. Social Work (effectiveness, extra-curricular activities and personality).                          | 25 Marks |
| 7. General conducts befitting an ideal yoga student.  | 25 Marks |
| 8. Scholastic achievement (percent-wise) at terminal Examination (College).                           | 25 Marks |

**A three member committee will select the deserving students of this scholarship. The scholarship will be awarded in the month of December, every year.**

## **4. The Kaivalyadhama Scholarship**

### **4.1 Eligibility for the Scholarship**

One of the prime criteria of eligibility for offering scholarship is that the candidate must be a citizen of India requiring economic support to enroll and continue education in Kaivalyadhama Yoga Institute.

Additionally, the applicant must agree to the following conditions to be eligible for the Kaivalyadhama Scholarship:

1. The applicant must agree to become a full-time student in the academic year (Typically, “full-time” enrolment involves the student registering for 18 credit points per semester. Kaivalyadhama Yoga Institute reserves the right to revise the lower cap on the number of credits at any point of time)

## **4.2 Accepting the Scholarship**

The recipient will receive an offer letter containing detailed information on the Scholarship and the acceptance procedure for the Scholarship. This letter will also outline the acceptance date – a deadline before which the selected student must communicate his/her acceptance of the Scholarship offer.

To be entitled to accept the Scholarship, the recipient must:

1. Complete the application procedure for the Scholarship before the acceptance date. If the application procedure is not complete or the applicant does not meet the acceptance date, the Scholarship may be withdrawn and/or reallocated.
2. Continue to meet the eligibility requirements stated above.

## **4.3 Retention/Termination of Scholarship**

To retain the scholarship, the student will have to maintain the following eligibility criteria:

- Maintain enrolment in the Kaivalyadhama Yoga Institute.
- Adhere to Kaivalyadhama’s academic and administrative policies.
- Maintain satisfactory academic standing in all subjects/courses.

Failure in observing the above guidelines may lead to termination of the Scholarship. See also below under “General Provisions”.

## **5. General Provisions**

### **5.1 Deferment of Scholarship**

If a recipient’s appeal for deferment in joining is accepted by the college, Kaivalyadhama Yoga Institute will continue the Scholarship after the recipient has joined the educational institution. Requests for deferment of Scholarships will be accepted for a deferment period of up to one year. For deferments greater than one year, the Scholarship will be withdrawn from the recipient.

### **5.2 Discontinuation of Study**

If the recipient chooses to discontinue his/her studies, Kaivalyadhama Yoga Institute will revoke the Scholarship. This will lead to cancellation of any/all due payments.

If the recipient later returns to the same educational institution, he/she will have to apply again to be eligible for the Scholarship.

### **5.3 Unsatisfactory Academic Performance**

Kaivalyadhama Yoga Institute, on its sole discretion, may terminate the Scholarship if the recipient’s academic performance is unsatisfactory

## **5.4 Expulsion/Suspension**

Kaivalyadhama may terminate the Scholarship if the recipient is expelled or suspended or excluded by the College for any reason.

## **5.5 Provision of false information**

The Scholarship is based on the information provided to Kaivalyadhama Yoga Institute. If at any point of time the recipient is found having provided false/incorrect information or found to be withholding relevant information, Kaivalyadhama may terminate the Scholarship.

## **5.6 Promotional Uses**

As consideration for the opportunity to participate in the Kaivalyadhama Scholarship program, upon application, the recipient of the scholarship can choose to grant Kaivalyadhama the right to use in all media, his/her name and voice, and, if Kaivalyadhama so chooses, his/her photograph, biography and excerpts from his/her Scholarship application publicity about the Scholarship, newsletters, brochures and other materials, including the Kaivalyadhama website.

## **5.7 Questions and Contact Information**

If you have questions you are welcome to contact us at:

### ***Kaivalyadhama Yoga Institute***

*Swami Kuvalyananda Marg,*

*Lonavala – 410403.*

*Maharashtra. India.*

*Emai: [info@kdham.com](mailto:info@kdham.com)*

*Tel: 02114-273001/273039*

*Fax: 02114-277402*

## **5.8 Privacy**

The information collected by Kaivalyadhama in the course of the Scholarship application process is subject to our privacy policy, available here: ([Our Link on Privacy Policy On Website](#)). By applying for the Scholarship you agree to our collection, use and disclosure of the information you provide in the application process in accordance with that privacy policy.

## **5.9 Governing Law; Assignment; Amendment**

These terms and conditions are governed by the laws of CENTRAL GOVERNMENT OF INDIA AND STATE GOVERNMENT OF MAHARASHTRA. These terms and conditions may be amended at any time by Kaivalyadhama Yoga Institute at its sole discretion and amendment will be posted on the Kaivalyadhama website. No amendment will be effective with respect to any Scholarship awarded on or prior to the time of the amendment.

## **5.10 Release of Liability**

Upon acceptance of scholarship offer, the applicant will sign the release of liability to release Kaivalyadhama and its parent, subsidiary affiliated institutes, as well as its successors, assigns, directors, officers, employees, agents and staff (hereinafter collectively referred to as the “Releases”) of and from any and all claims, demands,

actions, causes of action of every kind, howsoever arising, relating to the Scholarship, including, without restricting the generality of the foregoing, all claims arising out of or in any way related to your application for, or receipt or non-receipt of, the Scholarship.

#### **5.11 Assurance from the Candidate**

Selected candidate should ensure that there would be no dilution to the basic principles of Yoga and later practice by the selected candidate.

Selected candidate/s can adopt the Yoga path and its applications as his/ her career or he/ she should remain engaged as a part time practitioner and introduce others on this path.

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**SCHOLARSHIP APPLICATION FORM**

**1. PERSONAL INFORMATION**

Name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone Number \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Permanent (Home) Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**2. EDUCATIONAL BACKGROUND**

**MATRICULATION:**

**SCHOOL**

**YEAR**

**BOARD**

**GRADUATION :**

**UNIVERSITY :**

**YEAR :**

**DEGREE :**

**Degree pursuing : Bachelor/Masters/Ph.D**

**3. EMPLOYMENT HISTORY**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SPECIAL ACHIEVEMENTS/HONORS AND RECOGNITION**

\_\_\_\_\_  
\_\_\_\_\_

**4. BACKGROUND/INTEREST/EXPERIENCE/IN YOGA**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



5. Include an individual statement describing unique educational experiences (e.g., special projects), career plans, leadership experience, and involvement.
6. Submit three (3) Scholarship Recommendation Forms from educators and/or employees who are familiar with your background.
7. An up-to-date transcript of your academic record.

**APPLICATION DEADLINE: (Date)**

*Note: There will be no exceptions. Application must be submitted by (Date)*

**SCHOLARSHIP RECOMMENDATION FORM**

**Name of Applicant** \_\_\_\_\_

**Name of Reference:** \_\_\_\_\_

Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

How long have you known the scholarship applicant?  
\_\_\_\_\_

In what capacity are you familiar with the applicant's education and/or personal background?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Summary Evaluation**

Compare applicant with a representative group of students who have had approximately the same amount of experience.

General academic ability

Imagination and creativity

Motivation and initiative

Ability to work with others

Potential to succeed in a Yoga program

**E-mail this form to the Student Awards Program at [info@kdham.com](mailto:info@kdham.com), before the deadline.**

**APPLICATION DEADLINE FOR SCHOLARSHIP: 31<sup>ST</sup> MAY OF THE YEAR IN QUESTION**

**KAIVALYADHAMA YOGA INSTITUTE, LONAVLA**  
**Yoga Education Fund**  
**Memorandum of Understanding**

Agreement between Yoga Education Fund (YEF), Kaivalyadhama, Lonavala

And

\_\_\_\_\_ Who has been selected for the period \_\_\_\_\_ to pursue  
\_\_\_\_\_ course.

- 1) I acknowledge that I am the recipient of scholarship from Yoga Education Fund of Kaivalyadhama Yoga Institute, for the year \_\_\_\_\_ to pursue the course \_\_\_\_\_ in Lonavla. I am financially supported for my scholarship.
- 2) I agree to abide by the vision and mission of the scholarship to use the knowledge, practice and science of yoga for my benefit as well as for the benefit of the society at large, thus contributing to spread the message of Swami Kuvalyananda
- 3) I Also, undertake to serve the Kaivalyadhama Yoga Institute through internship for a minimum period of six months.
- 4) My career in yoga may take me to the field of yoga teaching, 'Yoga Therapy', yoga research or such other opportunities, which may enhance the benefit of my studies and practice in yoga.
- 5) Further I voluntarily agree that in the future, whenever my financial conditions permit, I will return the principal amount (or more) of scholarship or more to the YEF, so that more students can take advantage of this learning opportunity. Even opportunities shall encourage other young persons to take the challenge of yoga teaching.