

**CONTINUING MEDICAL EDUCATION (CME) for Yoga Teachers
(06 days)**

Sponsored by Ministry of Ayush



सत्यमेव जयते
Ministry of Ayush
Government of India



KAIVALYADHAMA

Where Yoga tradition and Science meet

KAIVALYADHAMA SMYM SAMITI - LONAVLA - 410 403

From: 25th December to 30th December 2023

Registration closes: 12th December 2023

Email: cme@kdham.com

Website: www.kdham.com

INVITATION

Dear all,

We heartily invite you to join the

Continuing Medical Education for Yoga Teachers (06 Days)

Kaivalyadhama Yoga Institute was founded in the year 1917 and established at Lonavla in the year 1924 by Rev. Swami Kuvalyananda- the pioneer in the field of Scientific Research in Yoga. It is aided by the Ministry of HRD. It was recognized in 1962 as an Institute of Higher Learning in the field of Yoga.

It is also accredited as Leading Yoga Institution accredited by YCB by Ministry of AYUSH. Fit India Mission, Govt. of India has also declared us as Fit India Yoga Centre.

We at Kaivalyadhama follow the undiluted principles of traditional Ashtanga Yoga by Patanjali, the revered yogic seer. Kaivalyadhama was founded with the distinct purpose of merging yoga tradition with science, to make this knowledge relevant and accessible to the world. At Kaivalyadhama, we combine Yoga and advanced science to create and innovate synergies across health, education, and research in Yoga.

It is our pleasure to inform you that Kaivalyadham is going to organize a “**Continuing Medical Education (06 day) for Yoga Teachers**” from 25th December to 30th December 2023. We have planned an extensive Philosophical, Scientific and Practical programme with deliberations from eminent speakers from all over India.

Looking forward to your active participation.

Purpose of CME:

- To encourage Yoga Teachers to undergo traditional technical knowledge upgradation and professional development in an organized manner.
- To upgrade the professional knowledge of Yoga Teachers to adopt effective teaching practices.
- To encourage the use of science behind of Yoga among professional.
- To provide information to Yoga Teachers regarding research and scientific journals to keep them professionally updated.
- To enhance the professional knowledge of teachers with emerging trends of healthcare and scientific outcomes necessitate.

Topics to be covered in this CME:

- Understanding of Principles of Yogic Therapy
- Scientific Rationale of Classical processes of Yoga meditation

- The physiological effects of asanas and physiological effect of pranayama
- An introduction to scientific research in yoga, overview of basic research in Yoga, recent therapeutic research in yoga.
- Rational Approach Towards Yogic Practices

Who can attend the CME?

Yoga Teachers who are regular teachers working in universities, reputed institutions and degree colleges and having minimum 3 years of experience on regular basis. Yoga Teachers mainly Lecturer, Assistant Professor, Associate Professor, Yoga Instructors, Research Scholars working in the universities, colleges and institutes of national repute. Trainees are allowed to attend up to two programmes of CME in a year.

Priority may be given to:

- i. Trainee who has attended less number of CME.
- ii. Trainee on the basis of seniority in service.

Facilities for the selected applicants:

Travel expenses, Boarding and Lodging will be provided to applicants on twin sharing basis in the best possible manner(as per the AYUSH – CME Guidelines).

The payment of TA bills shall be made only on production of original tickets, receipts etc. It will be made after the program is over by transferring into bank account.

Participation Certificate shall be issued on full attendance only.

Arrival of the participants should be around 24th December afternoon.

Registration

- Hard Copy of registration form along with attached requisite documents (Self attested) and two passport size photo (Name behind) in sealed envelope subscribing "APPLICATION OF CME" must reach on or before 12.12.2023 to the following address.
Scanned copy of the same along with copies of requisite documents should also be emailed to cme@kdham.com to enable selection process to start.

To

Mr. G N Murthy
KAIVALYADHAMA
Swami Kuvalayananda Marg, Lonavla,
Maharashtra, India 410403



APPLICATION FORM

Sr. No.....

For enrolment to

Continuing Medical Education (06 days) for Yoga Teachers

Affix attested recent passport Size photograph. Please attach two photographs with this form.

1. Name (in capital letters) : _____
2. Father's / Husband's Name : _____
3. Mother's Name : _____
4. Date of Birth : _____
5. Age as on 30th December 2023 : ___ Years ___ Months ___ Days
7. Sex (M/F) :
8. Nationality : _____
9. Aadhaar No. (Attach Copy) : _____
10. Present Post hold : _____
11. Name of the Univ./College/Inst./Others : _____
12. Last CME attended on (Date & Subject) : _____
13. Total CME attended in 2023-2024 : _____
14. Years of Service : _____
15. Complete Correspondence Address (Along with postal pin code) : _____

16. Permanent Address : _____

17. Mobile No.(Preferably Whatsapp) :
18. Email address (in capital letters) :



7. **Details of Work Experience:** Please enclose self-attested photocopies of the current appointment letter.

Name of the Organization (Starting from current)	Designation / Role	Year of Joining	Total Duration

CERTIFICATE

This is certified that the information furnished above is true to the best of my knowledge and belief and that nothing has been concealed or misrepresented. This is also certify that I am not suffering from any acute/chronic/communicable diseases.

Date:

Place:

Signature of the Candidate

ENDORSEMENT BY COMPETENT AUTHORITY

This is certified that Mr/Miss/Mrs/Dr..... is working as Yoga Teacher as regular employee in this University/College/Institute/hospital from..... He / She is permitted to attend the Continuing Medical Education (06 day) conducted by KSMYM Samiti, Lonavla from 25.12.2023 to 30.12.2023.

Date:

Place:

Signature with Seal
(HOD for Universities,
Principles for Colleges,
Director for Institutes, Other
competent authority)

INSTRUCTIONS

1. Application should be submitted to Mr. G N Murthy, Kaivalyadhama, Swami Kuvalayananda Marg, Lonavla, Maharashtra, India 410403.
2. Kindly note that your application is not a confirmation of your registration. If you get selected the Institute will send you a confirmation email regarding your registration. Accordingly you are advised to book your ticket etc.
3. Candidate will have to abide by the rules and regulations of the Institute while undertaking the Programme.

(FOR OFFICE USE ONLY)

Selected / Not Selected

Enrolment No.....

Date.....